

## Covid-19 Intake and Waiver

I, \_\_\_\_\_, acknowledge the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing.

I further acknowledge that Christina McGlynn dba Christina's Healing Services has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19.

I further acknowledge that Christina McGlynn dba Christina's Healing Services cannot guarantee that I will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to Christina McGlynn dba Christina's Healing Services, family and clients. I voluntarily seek services provided by Christina McGlynn dba Christina's Healing Services and acknowledge that I am increasing my risk to exposure to the Coronavirus/COVID-19. I acknowledge that I must comply with all set procedures to reduce the spread while attending my appointment.

I am not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.

I have not traveled internationally within the last 14 days.

I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19

I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non-contagious by state or local public health authorities.

I am following all CDC recommended guidelines as much as possible and limiting my exposure to the Coronavirus/COVID-19

Terms: I hereby release and agree to hold Christina McGlynn dba Christina's Healing Services, harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of Christina McGlynn dba Christina's Healing Services or that may otherwise arise in any way in connection with any services received from Christina McGlynn dba Christina's Healing Services. I understand that this release discharges The Christina McGlynn dba Christina's Healing Services from any liability or claim that I, my heirs, or any personal representatives may have against Christina McGlynn dba Christina's Healing Services with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from Christina McGlynn dba Christina's Healing

Services. This liability waiver and release extends to the salon together with all owners, partners, and employees.

I, \_\_\_\_\_, hereby release and agree to hold Christina McGlynn dba Christina's Healing Services harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of the salon, or that may otherwise arise in any way in connection with any services received from Christina McGlynn dba Christina's Healing Services. I understand that this release discharges Christina McGlynn dba Christina's Healing Services from any liability or claim that I, my heirs, or any personal representatives may have against the Christina McGlynn dba Christina's Healing Services with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from Christina McGlynn dba Christina's Healing Services. This liability waiver and release extends to the facility together with all owners, partners, and employees.

## **What to expect at your visit**

As we enter a new phase in reopening, there are state guidelines and new precautions I have adopted to ensure the health safety of all of our clients. Here is what to expect upon your arrival. Here are our guidelines and new procedures:

### **Facility:**

- To keep the number of people to a minimum, we ask you not to bring anyone with you to your appointment.
- I have limited the amount of appointments by half each working day to minimize traffic.
- I have removed the sheets from my reiki bed and will sanitize it after each use.
- I will be adding extra time in between appointments to properly sanitize the bathroom, reiki table, etc. I want to ensure the safety of our clients.
- Any coats or sweaters should be kept with you on your lap during service.
- Magazines have also been eliminated to prevent cross-contamination.
- I have pens available if you need to sign something and will be able to take the pen with you as a gift.
- There will be hand sanitizer throughout for use during your visit as well as a bathroom to wash your hands when you enter.
- I will wear face covering during our visit.

# Clients

- Please come alone. If someone comes with you, they will have to wait outside or in car even if that person has an appointment after you. Only one of you will be allowed in at a time. This is to keep the number of people at once to a minimum.
- You are welcome to bring a bottled water with you to your appointment and must take it with you when you leave.
- Please have all FORMS signed/filled out prior to appointment. If they are not filled out your appointment will be rescheduled. I am trying to keep as much as I can contact free
- Your Covid-19 Intake/Waiver form should be filled out or you will not be permitted to keep your appointment but we may reschedule.
- You may bring a blanket with you as I have removed the sheets from my reiki bed
- You must have a mask on when you enter and must keep it on at all times during service.
- When you arrive, you must wait in your car and call/text me 585.230.0363, that you have arrived. As soon as I am ready for you, I will have you come to the door and let you in.
- I will take your temperature before going back to my reiki room. If you have a fever, I will not be able to provide service, but we can reschedule when you feel better.
- All Clients must sign in on a CONTACT TRACING SHEET. In case a staff member or client that visited tests positive, the Health Department or CDC can contact you
- I will still ask if you have any symptoms (fever, cough etc). If you feel sick please cancel. I am waiving any cancellation fees. We can reschedule when you feel better.
- Before sitting down at my station or entering treatment room you must wash your hands or use hand sanitizer.

By signing you agree and understand the terms and conditions.

\_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Thank you all for your understanding. Please bring your completed forms to your appointment.